



Blissfield Community Schools
Weight Room RFP

Quantity	Product Description
2	Commercial grade Treadmill
1	Commercial grade Elliptical w/Adjustable CrossRamp, Moving arms
1	Assault Classic Bike
2	Commercial grade Stair Climber -
1	CONCEPT2 Standard RowRrg, with PM5 monitor 14: seat height
1	Commercial grade - Leg Press
2	2:1 Pulley Ratio Weight Stack
2	Leg Extension/Leg Curl combo unit
4	45 Degree Hyper Extension
2	Rig mounted lat-low row
8	Pro receptacle - upper and lower single
4	8' double half rack single storage post - short base
2	Dumbbell storage 3-tier, 5-100
4	Hex bar storage - all racks - trap bar
3	12 ball rubber encased kettlebell set (5/8/10/12/12/20/25/30/35/40/45/50)
16	Bumber plates 17.7" 25LB
24	Bumber plates 17.7" 45LB

16	Bumber plates 17'7" 10LB
16	5 LB plates urethane
16	2.5 plates urethane
4	Connector Chin Up Bar 71"
4	Solid Hex/Trap Bar - 56"
8	Locking Olympic Bar Collar (pair)
8	Bar - Power - 45Lb - 1200Lb 28.5Mm Dia - Center Knurl
10	Stand Up Bench - Adjustable 0-85 Deg Incline Ladder 10" Pad
8	Landmine W/ Sleeve
8	Pro Formed Plate Storage Hooks (Pair)
4	71" Medicine Ball Shelf
4	Dumbbell/Kettlebell Shelf 71"
16	Strength Bands - One of each (XL, L, M, & H)
2	4 lb-30 lb Deluxe Medicine Ball Set